

STEP 1: Ask permission

If you are showing the video to a small group - say, a family on the bus using your iPhone - just asking if they want to watch a funny puppet video about a trip to the dentist should be fine. Show or say the following:

¿Quieren ver un vídeo corto de títeres acerca de visitas al dentista?	Would you like to see a short puppet skit about going to the dentist?
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If you would like to use a laptop or projector to show the video to a larger group, say in a school or church, you should be a little more formal. Ask to speak to the pastor or school principal:

¿Podría hablar con el pastor/director?	May I speak with the pastor/director?
Tengo una presentación sobre la salud dental para los niños. Enseña alimentación sana, la limpieza de los dientes, y la necesidad de ir al dentista.	I have a presentation about dental hygiene for the children. There is information about eating well, brushing your teeth and going to the dentist if necessary.
Es un vídeo gracioso con títeres de nueve minutos. Después, les daré cepillas y pasta de dientes. Le puedo enseñar el vídeo ahora, si quiere.	It's a fun puppet video that's nine minutes long. Afterwards, I'll give them toothbrushes and toothpaste. I can show you the video now if you'd like.

Show the video if needed, then if the principal or pastor is supportive, it is good to determine the logistics for the presentation:

¿Cuándo puedo presentar el vídeo? ¿Ahora? ¿Mañana? ¿A qué hora? ¿Me puede escribir la fecha y hora?	When can I show the video? Now? Tomorrow? At what time? Can you write the date and time down?
¿Dónde puedo presentar el vídeo? ¿Aquí? ¿Allí? ¿Me puede enseñar el lugar?	Where can I show the video? Here? There? Can you show me the place?
¿Cuántos niños van a participar? Solo puedo presentar a grupos de ___ al mismo tiempo.	How many children will participate? I can only show the video to groups of ___ at the same time.
¿Hay un lugar donde los niños pueden cepillar? ¿Hay agua potable? ¿Los niños tienen vasos?	Is there a place for the children to brush their teeth? Is there drinking water available? Do the children have cups?

Depending on the size of your screen and the power of your speakers, we recommend working with multiple smaller batches of children instead of having the entire school crowding around your laptop.

TIP: Sound is even more vital than video quality. There are many small battery-powered speakers that greatly increase the quality of your presentation for less than \$20. They are also very handy for hostel gatherings and watching movies in bed!

Supplies Checklist: Only the first column is essential! But the other items can help the teacher continue the program.

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| <input type="checkbox"/> Toothbrushes (bring extra!) | <input type="checkbox"/> Cups (if needed) | <input type="checkbox"/> Plastic bags for storing toothbrushes (optional) |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Water bottles (if needed) | <input type="checkbox"/> Permanent marker for labeling toothbrushes (optional) |
| <input type="checkbox"/> Laptop/projector | <input type="checkbox"/> Baking soda (for when toothpaste runs out - optional) | <input type="checkbox"/> Orajel Kids Plaque Revealing Rinse (optional) |

STEP 2: Present

When you show up to give your presentation, it's a good idea to introduce yourself first and ask a few general questions of the kids. Here are some handy phrases you could use:

¡Hola! ¿Cómo están?	Hello! How are all of you?
Me llamo _____.	My name is _____.
Les presentaré un video.	I will show you a video.
¿Quieren ver un vídeo?	Would you like to see a video?
Se trata de una niña llamada María a quien le duele la muela.	It's about a girl named Maria with a toothache.
¿Hay niños aquí que han tenido un dolor de la muela?	Are there any children here who have had a toothache?

¡Vamos a ver que pasa!

Let's see what happens!

Make sure all the children are close enough to see and hear. This probably won't be a problem, but if they are shy you can use these helpful phrases:

¡Acércate!

Come closer!

¡La máquina no te va a morder!

The machine won't bite you!

Hay espacio aquí.

There's room here.

Abajo en frente!

Down in front!

¿Todos pueden verlo bien?

Can everyone see it well?

STEP 3: Review

After the video it is ideal to ask some comprehension questions. Choose volunteers to come up to the front and answer questions, then give them a small prize, like being able to choose the color of their toothbrush. Here are some phrases for organizing the question period:

¿Les gustó el vídeo?

Did you like the video?

Necesito voluntarios para explicar algunas partes del vídeo.

I need volunteers to explain parts of the video.

Me parecen muy listos, ¿pueden ayudarme?

You all look very smart; can you help me?

¡El niño aquí!

The boy here!

¡La niña allí!

The girl there!

TIP: Feel free to ask the teacher or another local adult to help you! From seeing your efforts or reading this paper they will likely understand what you are attempting and lend a hand in controlling unruly kids, getting the class's attention or rephrasing your instructions.

Here are some questions about events in the video to reinforce the key points:

¿Nos puedes demostrar como se limpia los dientes?

Can you show us how to brush your teeth? [In circles, not up and down.]

¿Cuales bebidas debemos evitar para tener dientes fuertes - refrescos como Coca Cola, jugos, o leche?

Which drinks should we avoid in order to have healthy teeth - soft drinks like Coke, juice, or milk?

¿Cuales alimentos son buenos para los dientes? [Vegetales, frutas y leche.]

Which foods are good for teeth? [Vegetables, fruits and milk.]

¿Cuándo debemos limpiar los dientes? [Al despertarnos, antes de acostarnos, y después de comer.]

When should we brush our teeth? [When we wake up, before we go to sleep, and after eating.]

¿Cuántas veces usamos el hilo dental cada día? [Una]

How many times should we floss every day? [Once]

STEP 4: Practice

Now it's time to practice brushing! Give the kids toothbrushes and toothpaste. Here are some helpful phrases:

Hacemos círculos con el cepillo.

We make circles with the toothbrush.

Cepillamos durante dos minutos.

We brush for two minutes.

¡Escupe!

Spit!

Un poco más tiempo.

A little bit longer.

Más suave.

Softer.

¡Qué limpios están tus dientes!

Your teeth are so clean!

¡Muy bien!

Good job!

STEP 5: Wrap up

Your job is done! Parting phrases:

¡Gracias!

Thanks!

No olviden cuidar de los dientes.

Don't forget to take care of your teeth.

Por favor, cuéntenles a sus amigos y hermanos lo que han aprendido.

Please tell your friends and siblings what you've learned.

¡Adios!

Goodbye!